

# PRODUCT MONOGRAPH: MEDI BONE MAX

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Brand Name: Medi Bone Max

Pharmaceutical Form: Supplement Tablet

Category: Bone & Joint Health Supplement

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## 1. Product Description

**Medi Bone Max** is a comprehensive bone health supplement formulated to strengthen and maintain healthy bones and joints. It is ideal for individuals dealing with osteoporosis, osteopenia, or calcium and vitamin D deficiency, as well as those recovering from fractures or sports-related injuries. Specially beneficial for post-menopausal women and the elderly, Medi Bone Max supports bone density, aids in healing, and helps prevent arthritis and age-related bone weakness.

## 2. Composition

### 2.1 Active Ingredients

Each daily dose (1 tablets) contains:

Ingredient	Quantity (mg)
Calcium Carbonate	625
MSM (Methylsulfonylmethane)	40
Vitamin D3	200 IU
Cissus Quadrangularis Extract	50

### 2.2 Dosage Form

Tablet formulation, administered orally.

## 3. Pharmacological Action

### 3.1 Mechanism of Action

- i. Calcium Carbonate (625mg)**  
Has the highest levels of elementary calcium for management of osteoporosis
- ii. MSM (Methylsulfonylmethane) (40mg)**  
Acts as an anti-inflammatory by inhibiting a protein complex, NF-kB. Thus reducing the swelling and stiffness associated with osteoarthritis and rheumatoid arthritis. Helps your body produce Glutathione, which protects your joint cells from damage caused by aging and wear-and-tear on bones and joints.
- iii. Vitamin D3 (200IU)**  
Helps support the natural ability of bones to maintain their normal hardness.
- iv. Cissus Quadrangularis Extract 50 (mg)**  
Helps reduction of joint pain and releases symptoms of arthritis.

## 4. Indications

Medi Bone Max is indicated for:

- Osteoporosis & Osteopenia
- Post-menopausal bone loss
- Calcium & Vitamin D deficiency
- Fracture healing support
- Sports-related bone & joint injuries
- Elderly bone weakness and arthritis prevention

## 5. Dosage and Administration

### 5.1 Recommended Dosage

Adults (19–50 years): 1 tablet daily after meals

Adults 50+ years / Postmenopausal Women: 1 tablet twice daily

Pregnant & Lactating Women: 1 tablet daily (under medical advice)

## 6. Contraindications and Precautions

Medi Bone Max should **not** be used in the following conditions unless directed by a qualified healthcare provider:

**Hypercalcemia:** Patients with elevated blood calcium levels should avoid this product, as additional calcium or vitamin D3 may worsen the condition and lead to complications such as kidney stones, arrhythmias, or vascular calcification.

**Hypervitaminosis D:** Individuals with excessively high Vitamin D levels should not use Medi Bone Max, since the Vitamin D3 content may further raise calcium absorption and aggravate the condition.

**Severe Renal Impairment:** Patients with chronic kidney disease or reduced kidney function may have difficulty clearing excess calcium or MSM, increasing the risk of hypercalcemia and electrolyte imbalance.

**Known Hypersensitivity or Allergy:** Persons with a known allergy to **Calcium Carbonate, Vitamin D3, MSM, Cissus Quadrangularis**, or any excipient in the formulation should not take the product.

## **7. Safety and Tolerability**

Medi Bone Max has demonstrated excellent tolerability in standard use. Ingredients are well documented in medicine for safety.

## **8. Packaging and Storage**

Available in 3 by 10 tablet

Store below 30°C in a cool, dry place. Keep out of reach of children.



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## MEDI BONE MAX

Calcium carbonate, MSM, Vitamin D3  
& Cissus quadrangularis Tablets

3 X 10 Tablets



# MEDI BONE MAX

## COMPOSITION



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**Medi Bone Max** is a comprehensive bone health supplement formulated to strengthen and maintain healthy bones and joints. It is ideal for individuals dealing with osteoporosis, osteopenia, or calcium and vitamin D deficiency, as well as those recovering from fractures or sports-related injuries. Specially beneficial for post-menopausal women and the elderly, Medi Bone Max supports bone density, aids in healing, and helps prevent arthritis and age-related bone weakness.

## Tablet Composition

Calcium Carbonate – 625 mg (providing ~250 mg elemental calcium)

MSM (Methylsulfonylmethane) – 40 mg

Vitamin D3 – 200 IU

Cissus Quadrangularis Extract – 50 mg

# CALCIUM CARBONATE 625mg



It provides a high percentage of elemental calcium (around 40%), making it effective for supporting bone and teeth health.

## KEY BENEFITS

### **1. Supports Strong Bones and Teeth**

Provides essential calcium for bone mineralization, helping prevent osteoporosis and fractures.

### **2. Prevents and Treats Calcium Deficiency**

Ideal for individuals who need additional calcium intake due to diet, age, or certain health conditions.

### **3. Aids Muscle and Nerve Function**

Helps muscles contract properly and supports normal nerve signaling.

### **4. Promotes Heart Health**

Contributes to maintaining normal heart rhythm and healthy blood pressure.

### **5. Acts as a Natural Antacid**

Neutralizes excess stomach acid, providing relief from heartburn, acid indigestion, and upset stomach.

### **6. Supports Enzyme and Hormone Function**

Calcium is vital for the activation of many enzymes and for maintaining hormonal balance in the body.

# METHYLSULFONYLMETHANE (MSM) 40MG



MSM has anti-inflammatory and anti-oxidant effects. Plays a major role in making collagen which is vital for healthy bones and joints

## KEY BENEFITS

### 1. Supports Joint Health and Flexibility

Reduces joint pain, stiffness, and inflammation, improving mobility and comfort in people with arthritis or active lifestyles.

### 2. Reduces Inflammation and Muscle Soreness

Acts as a natural anti-inflammatory, helping muscles recover faster after exercise or physical strain.

### 3. Promotes Collagen Production

Provides sulfur needed to build and maintain healthy cartilage, skin, tendons, and ligaments.

### 4. Improves Skin, Hair, and Nail Health

Strengthens hair and nails while improving skin elasticity and texture.

### 5. Detoxifies the Body

Supports liver function and helps eliminate toxins by improving cell permeability.

### 6. Boosts Immunity

Enhances the body's defense system by reducing oxidative stress and supporting healthy immune cell activity.

# VITAMIN D3 (CHOLECALCIFEROL) 200IU

**Vitamin D3 (Cholecalciferol)** is a fat-soluble vitamin essential for maintaining healthy bones, teeth, and immune function.

Once absorbed, the body converts it into Calcitriol, its active form, which regulates calcium and phosphorus levels.

## KEY BENEFITS

- Enhances Calcium and Phosphorus Absorption
- Supports Bone and Joint Health
- Boosts Immunity
- Improves Muscle Strength and Function
- Supports Heart and Brain Health
- Elevates Mood and Energy



# **CISSUS QUADRANGULARIS 50MG**

Cissus Quadrangularis is a medicinal plant from the grape family, traditionally used in Ayurvedic medicine for strengthening bones, speeding up fracture healing, and supporting joint health.

It's often referred to as the "bone setter plant"

## **KEY BENEFITS**

- Promotes Bone Healing and Strength
- Prevents Bone Loss (Osteoporosis)
- Supports Joint Health and Flexibility
- Reduces Inflammation and Oxidative Stress
- Protects Cartilage and Connective Tissues
- Supports Overall Physical Performance





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## INDICATIONS

- Osteoporosis & Osteomalacia
- Post-menopausal bone health
- Calcium & Vitamin D deficiency
- Nursing mothers
- Sports-related bone & joint injuries
- Elderly bone weakness & arthritis

Adults (19–50 years): 1 tablet daily after meals  
Adults 50+ years / Postmenopausal Women: 1 tablet twice daily

Pregnant & Lactating Women: 1 tablet daily  
(under medical advice)

⚠ Not recommended for children under 13 years unless prescribed by a pediatrician.



- ✓ Dual Action – Builds strong bones & supports joint recovery
- ✓ Natural bone healer with Cissus Quadrangularis
- ✓ Ideal for osteoporosis prevention, fracture recovery, and elderly bone care



# MEDI BONE MAX

A comprehensive bone health supplement formulated to strengthen and maintain healthy bones and joints

## KEY BENEFITS

- ✔ Strengthens Bones and Joints
- ✔ Supports Fracture Healing
- ✔ Prevents Bone Loss
- ✔ Supports Fracture Healing
- ✔ Enhances Calcium Absorption
- ✔ Supports Post-Menopausal Bone Health
- ✔ Keeps bones and joints healthy for an active, pain-free lifestyle.



## DOSAGE

As prescribed by the Doctor



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[medicrescentpharma@gmail.com](mailto:medicrescentpharma@gmail.com)



**CONTACT US**

0727 577222

# MEDI BONE MAX



## BEST FOR:

- Osteoporosis & Osteopenia
- Post-menopausal bone health
- Calcium & Vitamin D deficiency
- Fracture healing support
- Sports-related bone & joint injuries
- Elderly bone weakness & arthritis prevention



## INGREDIENTS

Calcium Carbonate – 625 mg (providing ~250 mg elemental calcium), MSM (Methylsulfonylmethane) – 300 mg, Vitamin D3 – 200 IU, Cissus Quadrangularis Extract – 50 mg



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**CONTACT US**

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# MEDI BONE MAX

Calcium carbonate, Methylsulfonylmethane,  
Vitamin D3 & Cissus quadrangularis Tablets

3 X 10 Tablets



Calcium carbonate, Methylsulfonylmethane,  
Vitamin D3 & Cissus quadrangularis Tablets

# MEDI BONE MAX

## Supplement Facts

Each Film Coated Tablet Contains :

Composition	Approx. per tablet
Calcium carbonate	625 mg
Methylsulfonylmethane	300 mg
Vitamin D3	200 IU
Cissus quadrangularis	50 mg

**Other Ingredients:** Starch (INS 1404 iii), (INS 551), Micro Crystalline Cellulose (INS460i), Preservative (INS 217,218), Talc (INS 553 iii), Magnesium Stearate (INS 470 iii), Di-calcium phosphate, PVPK-30. Overages of vitamins added to Compensate loss on Storage.

**Colour :** Approved Colours used.

**Storage:** Store below 30°C.

Protect from light & moisture.

Keep out of reach of children.

**Dose:** As a dietary supplement or as directed by the healthcare professional.

Adolescents (13–18 years): 1 tablet daily after meals Adults (19–50 years): 1 tablet daily after meals

Adults 50+ years / Postmenopausal Women: 1 tablet twice daily Pregnant & Lactating

Women: 1 tablet daily (under medical advice)

**NOT FOR MEDICINAL USE. DIETARY SUPPLEMENTS.**

Food supplement should not be used as a substitute for meals or normal / daily diet.

Do not exceed recommended dose.

\*This Statement has not been evaluated by FDA.

This Product is not Intended to diagnose, treat, cure or prevent any diseases.

Country of origin : India

Marketed by :



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PHARMA LTD

Medicrescent Pharma Ltd.

Vipingo Gates Vipingo-Msa Malindi Road Kilifi,

P.O. Box 42730 80100, Mombasa, Kenya.



8 906196 361210

MADE IN INDIA

Manufactured by: Leo Nutriscience LLP

Survey No:- 817/3 Village Vasna Rathod, Nr.Power Grid,

Tal. Dhegam, Dist. Gandhinagar, Gujarat-382305 India.

FSSAI Lic. No.: 10719009000309

MEDI BONE MAX MEDI BONE MAX MEDI BONE MAX

Reg. No. LT25459

MFG. DT. 11/2025

EXP. DT. 10/2027







## MEDI CRESCENT PHARMA LTD

Vipingo, Eagols, Kilifi.  
New Malindi Road.

Tel: 0727577222/0733 440200  
medicrescentlimited@gmail.com  
medicrescentpharmaltd

# PRICE LIST

DESCRIPTION	PACK	PRICE
<p><b>Medi Vital Men</b></p>  <p>L- Arginine 500 mg, Talmakhana 100 mg, Kaunch B 50 mg, Satawari extract 100 mg, Ashwagandi 200 mg, Vidarikanda extract 40 mg, Gokshura extract 100 mg, Safed musli extract 75 mg, Nutmeg extract 10 mg, Shudh shilajit extract 100 mg, Shudh kuchla 20 mg, Utangana 30 mg, Mochras extract 30 mg</p>	3X10 Tablets	<b>3,200/-</b>
<p><b>Medi Bone Max</b></p>  <p>Calcium Carbonate – 625 mg (providing ~250 mg elemental calcium), MSM (Methylsulfonylmethane) – 300 mg, Vitamin D3 – 200 IU, Cissus Quadrangularis Extract – 50 mg</p>	3X10 Tablets	<b>450/-</b>

## PAYMENT DETAILS

The following are our payment details

**BUY GOODS** Till No: **5656992**

## TERMS AND CONDITIONS

- Subject to alterations without prior notification
- Gross price is subject to Trade Discount as indicated on the Contract Agreement.



## MEDI CRESCENT PHARMA LTD

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New Malindi Road.

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medicrescentlimited@gmail.com  
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# PRICE LIST

DESCRIPTION	PACK	PRICE
<b>Medi Bone Care</b>  Calcium Aspartate 200 mg, Calcium Orotate 50 mg, Magnesium Oxide 50 mg, Zinc Oxide 4 mg, Folic Acid 400 mcg, Calcitriol 0.25 mcg	3X10 Tablets	<b>900/-</b>
<b>Medi Super Joint</b>  Glucosamine Sulphate – 250 mg, Hyaluronic Acid – 50 mg, Curcumin (65%) – 100 mg, MSM (Methylsulfonylmethane) – 300 mg, Boswellia Serrata Extract (65%) – 100 mg	3X10 Tablets	<b>1,200/-</b>

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